

Session 1: 60 Minutes

What we will cover today:

SUPPLIES NEEDED:

- Bible
- Pen or Pencil

Part 1: Introduction and First Prayer

- Common Sense Rules
- Lord's Prayer

Part 2: Entering His Gates with Thanksgiving

- Daniel's praise regarding the ruler
- Reading: Psalm 78
- Praise from Psalm 78
- Hymn Mumbling

Feature for the
Laboring portion:

- Africa

Part 3: Confession (Forgive us our sins)

- Reading: John 1:6-10
- Prayer of Confession from Book of Common Prayer
- Personal prayers of confession

Part 4: Laboring in Prayer (Thy Kingdom Come)

- Praying from the map: Africa

Part 5: Summary and personal needs

- What we prayed for (summary principles)

Part 6: Benediction

- Numbers 6:24-27

PART 1: INTRODUCTION

1. Leader:
 1. First, thank you for joining us today.
 2. Our goal is to strengthen our relationship with God by coming together to simply pray. Our prayer time will take the form of: Reading Scripture (God speaking to us), saying back to God requests from scripture and directives from scripture, Worship of God by singing and saying formal prayers.
 3. This packet (or App off the Web) and your Bible are everything you'll need in this Session. In future sessions note on first page any additional items.
 4. We are all going to participate together. The **LEADER** will initiate and you, the **MEMBER**, will respond.
 5. Let's take 3 minutes to go around and each person read one of the 8 rules. These keep the session on track. But first, who will volunteer to read the "Notes"? The Notes are not directives or prayers, they're just statements that need to be said. Your job is just butt in where it shows up and read it. Thanks.

Rules and Notes (to keep the Prayer Session on Track)

Note 1 (for volunteer to read)

“You can’t learn to fly by reading books – you must fly with a little help from an instructor. You can’t learn to pray by reading books on prayer, you must pray with a little help from the Word, the Spirit and humans.” - Paul Pent

Note 2

Please help the leader to help everyone be governed by these rules. The rules, when followed, will greatly help the prayer session to avoid degenerating into a Bible study, a discussion, a counseling session, focusing on problems or issues instead of God’s Kingdom and righteousness. (If you want a Bible study, etc., schedule one.)

Rules: (each read one around)

The two Bible rules while praying: 1) Pray with thanksgiving and 2) ask in faith without wavering.

Common Sense Rules (please consider following them for the first year)

1. The box that starts with “Leader” is for the leader to initiate a new prayer subject.
2. The bullet point “ * ” is the prayer item itself that everyone participates in.
3. Instead of telling everyone a thanksgiving of what God did for you, describe it to God and we will give thanks with you.
4. Instead of telling everyone your prayer request, just tell it to God and we will pray with you.
5. While reading Scripture, if someone asks a question, the leader should say, “That’s a good question. We will discuss it after this prayer session.”
6. This is not a Bible study. The reading of the Bible during the prayer session is to hear from God and increase our faith to pray.
7. Say one prayer at a time. Pause, then go on if no one else says a prayer.
8. Be charitable! It will all workout in the end.

Note 3

You’ll notice how the sessions are planned to make sure the priority in prayer subjects is least interesting personally and most interesting to God and His Kingdom. “Seek first the kingdom of God and his righteousness and all these things will be added to you.” (Matthew 6:33)

2.

Leader: “Let us pray together the prayer that Jesus commanded us to pray in Luke 11:1-4. All together now.”
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All Together: (And he said unto them, When ye pray, say,) Our Father which art in Heaven, Hallowed be they name. Thy kingdom come thy will be done, as in heaven, so in earth. Give us day by day our daily bread. And forgive us our sins; for we also forgive every one that is indebted to us. And lead us not into temptation; but deliver us from the Evil One.

PART 2: ENTERING HIS GATES WITH THANKSGIVING

3. **Leader:** We continue our worship with Daniel's praise regarding the ruler. I will read Daniel 2:20-23 and we will all agree by saying "Amen" at the end.

- Leader reads Daniel 2:20-23. All say "Amen" at the end.

²⁰Daniel answered and said: "Blessed be the name of God forever and ever,

For wisdom and might are His. ²¹ And He changes the times and the seasons; He removes kings and raises up kings; He gives wisdom to the wise And knowledge to those who have understanding. ²² He reveals deep and secret things; He knows what *is* in the darkness, And light dwells with Him. ²³ "I thank You and praise You, O God of my fathers; You have given me wisdom and might, And have now made known to me what we asked of You, For You have made known to us the king's demand."

4. **Leader:** Now let's go to our bible and we will read/meditate on Psalm 78:1-72 and see how God has dealt with His people. We will read three verses around

- Read Psalm 78 three verses around until finished.

5. **Leader:** Let's each say a statement of praise to God from Psalm 78 or any praise that comes to mind. (being careful not to digress into prayer requests.)

NOTE: Prayer Principle: Praise is acknowledging God's character and way – who he is and what he does.

- Each person says a statement of praise to God

PART 3: CONFESSION

6. **Leader:** Who will read 1 John 1:6-10?

- Volunteer reads 1 John 1:6-10

⁶ If we say that we have fellowship with Him, and walk in darkness, we lie and do not practice the truth. ⁷ But if we walk in the light as He is in the light, we have fellowship with one another, and the blood of Jesus Christ His Son cleanses us from all sin. ⁸ If we say that we have no sin, we deceive ourselves, and the truth is not in us. ⁹ If we confess our sins, He is faithful and just to forgive us *our* sins and to cleanse us from all unrighteousness. ¹⁰ If we say that we have not sinned, we make Him a liar, and His word is not in us.

7. **Leader:** We now confess our sins to the Lord and each other (not mentioning these things outside of the group) by praying together from the Book of Common Prayer, Item # 9.

- Pray together from the Book of Common Prayer #9.

ALMIGHTY, and most merciful Father; We have erred, and stayed from thy ways like lost sheep. We have followed too much the devices and desires of our own hearts. We have offended against thy holy laws. We have left undone those things which we ought to have done; And we have done those things which we ought not to have done; And there is no health in us. But thou, O Lord, have mercy upon us, miserable offenders. Spare thou those, O God, who confess their faults. Restore thou those who are penitent; According to thy promises declared unto mankind in Christ Jesus our Lord. And grant, O most merciful Father, for his sake; That we may hereafter live a godly, righteous, and sober life, To the glory of thy holy Name. Amen.

8. **Leader:** Each one may now take this time to confess any sins that you desire to be forgiven of, knowing that Christ has already covered it by His shed blood. Confess any works of the flesh like lust, pride, deceit, over-eating/drinking, excess TV watching, vanity, unloving as a spouse, laziness...and that's just for starters. I will begin.

NOTE: Be candid. Remember that you are a lot worse than you think.

- Confess sin out loud.

NOTE: Prayer Principle: As you bring sins into the light, Satan and your flesh lose their grip. What a relief! (1John 1:6-7)

9. **Leader:** Now let's all mumble a hymn all together. Who will choose from hymns section? (or favorite)

- Everyone sings regardless if only a "joyful noise".

PART 4: SESSION APPLICATION

10.

Leader: Who will read 1Timothy 2:1-2 (Portfolio of Scriptures, Told to Pray, Page 1 #7)?

- Volunteer reads 1Timothy 2:1-2.

Therefore I exhort first of all that supplications, prayers, intercessions, *and* giving of thanks be made for all men, ² for kings and all who are in authority, that we may lead a quiet and peaceable life in all godliness and honesty.

NOTE: Pray Principle: If God answers this prayer, all of the world's problems will be taken care of...think about it.

11.

Leader: Now let each person pray for 1 country at a time until 12 African countries are prayed for. Pray by locating the ruler, the country and mentioning the politics and prayer. I will begin. "Lord, help the people of _____ (name country) and head ruler _____ (name ruler), that they may be saved, that they would lead quiet and peaceable lives in all Godliness and honesty.

NOTE: Each country should only use about 1 minute, so don't embellish much beyond what is printed. Further prayers may be prayed through the week.

- Go around each praying for 1 country at a time until 12 are prayed for. Put the date that you prayed for these 12 countries so you'll know where to start later.

Africa

Algeria – Write Location here:

Ruler: Pre. Abdelazia Bouteflika

Politics: Current attempts at forging peace meet with broad national approval, but the government appears to be accommodating militant Islamist groups to a dangerous degree.

Prayer: LORD, heal this war-weary land, eradicate widespread human rights abuses, and stop the persecution. May this 0.28% Christian nation drive out the volatile & polarized Islam with the love of Jesus.

Population: 35 M **Capital:** Algiers **Peoples:** Maghreb Arabs & Berber **Literacy:** Off. **Lang:** Arabic
Economy: Oil and gas reserves **HDI Rank:** 104th/182 **Public Debt:** 8.4% **Income p/p:** \$4588 **Religion:** Muslim 97%

Angola - Write Location here:

Ruler: Pres. Jose Eduardo does Santos

Politics: Parliamentary elections, were held in 2008 to elect a president. Separatist agitation persists in the enclave of Cabinda.

Prayer: We praise you that Evangelicals quadrupled from 1990 to 2010. Bring forgiveness following years of war. Stop leaders mixing Christianity with animistic tribal religions and/or Witchcraft.

Population: 19 M **Capital:** Luanda **Peoples:** Bantu **Literacy:** 67% **Off. Lang:** Portuguese **Economy:** Natural resources **HDI Rank:** 143rd/182 **Public Debt:** 15.5% **Income p/p:** \$5054 **Religion:** Christian 94%

Benin - Write Location here:**Ruler: Pres. Yayi Boni**

Politics: Smooth transition via elections from the previous president to its current one.

Prayer: We pray especially for the Fon, Gbe, Ede Nago & Fulbe people in this, the least-evangelized non-Muslim country in Africa, among the 20 least developed countries, where 75% of economic activity is illegal.

Population: 9.2 M **Capital:** Porto-Novo **Peoples:** Guinean 60 ethnic groups) **Literacy:** 33% **Off. Lang:** French
Economy: Agriculture **HDI Rank:** 161st/182 **Public Debt:** 56% **Income p/p:** \$828 **Religion:** Religious freedom

Botswana – Write Location here:**Ruler: Pres. Ian Khama**

Politics: Has a stable, multiparty democracy, a rarity in Africa.

Prayer: We praise you Jesus for its rare African stability, growth & democracy. We mourn that most Christians are ALSO animist, contributing to the world's 2nd highest AIDS prevalence and 100,000 AIDS orphans.

Population: 2 M **Capital:** Gaborone **Peoples:** Bantu **Literacy:** 79% **Off. Lang:** English/Setswana **Economy:** Tourism & export **HDI Rank:** 125th/182 **Public Debt:** 5.9% **Income p/p:** \$7554 **Religion:** Religious Freedom

Burkina Faso – Write Location here:**Ruler : Pres. Blaise Compaore**

Politics: Current leader has maintained tight control over military and political power. He has also introduced multiparty democracy.

Prayer: We Praise you for Assemblies of God family of churches' strong missionary vision here. We ask for Godly wives for leaders, and to stop so many from converting back to Islam while away for work.

Population: 16 M **Capital:** Ouagadougou **Peoples:** Gur - over 78 ethno-linguistic **Literacy:** 24% **Off. Lang:** French
Economy: Agriculture **HDI Rank:** 177th/182 **Public Debt:** 39% **Income p/p:** \$578 **Religion:** Muslim 52% Christian 21%

Burundi – Write Location here:**Ruler : Pre. Pierre Nkurunziza**

Politics: Peaceful dem. Elections in 2005 and 2010 with a Hutu president & an army more representative of the population.

Prayer: LORD stop the rapid growth of Islam by outreach training to reach Muslims. We plead for more workers in the long-neglected rural areas of Burundi.

Population: 8.5M **Capital:** Bujumbura **Peoples:** Kirundi-speaking **Literacy:** 58% **Off. Lang:** Kirundi **Economy:** tea/coffee **HDI Rank:** 174th/182 **Public Debt:** 156% **Income p/p:** \$138 **Religion:** Christian 90%

Cameroon – Write Location here:**Ruler : Pres. Paul Biya**

Politics: Member of the British Commonwealth and is closely allied to France.

Prayer: Nominal Christianity's a bigger problem than in most of Africa, so give her mature leadership, Father. Stop the corruption in Government and wolves leading congregations. Reach the 15 unreached peoples.

Population: 20M **Capital:** Yaounde **Peoples:** about 286 different peoples **Literacy:** 68% **Off. Lang:** French /English
Economy: Agriculture/export **HDI Rank:** 153rd/182 **Public Debt:** 13.5% **Income p/p:** \$1,224 **Religion:** Christian 54%,

Cape Verde Islands – Write Location here:**Ruler : Pres. Pedro Bires**

Politics: 1990 multiparty elections and a peaceful change of government.

Prayer: 490k Caboverdians live in migrant communities (largest 266,000 in New England, USA). We pray they'll become disciples who bless and disciple the nominal, superstitious Catholics of Cape Verde.

Population: 500,000 **Capital:** Praia **Peoples:** Caboverdian Creole (mixed race) **Literacy:** 81% **Off. Lang:** Portuguese
Economy: tourist/fishing **HDI Rank:** 121st/182 **Public Debt:** 55% **Income p/p:** \$3464 **Religion:** Christian 94%

Central African Republic – Write Location here:

Ruler : Pres.Francios Bozize

Politics: Current Pre. Was fairly elected in 2005, but rebellions ad military coups slow progress.

Prayer: LORD, stop their life expectancy going down. Bring peace to the North, where bandits and constant uprisings rule, and where “anarchy continues to reign.” Unite her denominations in Jesus’ name.

Population: 4.5 M **Capital:** Bangui **Peoples:** Adamawa-Ubangi (about 80 ethnic groups) **Literacy:** 48% **Off. Lang:** French&Sango **Economy:** Agriculture **HDI Rank:** 179^h/182 **Public Debt:** 96% **Income p/p:** \$459 **Religion:** Christian 76%

Chad – Write Location here:

Ruler : Pres. Idriss Deby

Politics: Dominated by one tribe, Zaghawa, violence, insurgencies and coups have characterized Chad's politics.

Prayer: Fill with your grace Chad, the “world’s most corrupt nation,” who has the most unreached peoples of African states: Saharan, The Guera-Naba cluster, and many others, including 250k refugees from Darfur.

Population: 11.5M **Capital:** N’djamena **Peoples:** Complex mix of 150 plus peoples **Literacy:** 53% **Off. Lang:** French **Economy:** Agriculture **HDI Rank:** 175^h/182 **Public Debt:** 55% **Income p/p:** \$863 **Religion:** Muslim 53% Christian 38%

Comoros – Write Location here:

Ruler : Pres. Ahmed Abdallah Sambi

Politics: Multiparty democratic government was instituted in 1990. A new constitution in 2001 granted each island autonomy.

Prayer: God our Father, only your miraculous grace can change this almost completely Muslim country where Christian evangelism is forbidden and converts face severe harassment and persecution. Convert her.

Population: 692,000 **Capital:** Moroni **Peoples:** Comorian **Literacy:** 56% **Off. Lang:** Arabic **Economy:** exports: perfume/spices **HDI Rank:** 139^h/182 **Public Debt:** 89% **Income p/p:** \$816 **Religion:** Muslim 98%

Congo – DRC – Write Location here:

Ruler : Pre. Joseph Kabila

Politics: The conflict in Congo has yielded more deaths than any since WWII.

Prayer: Congo-DRC is in desperate need of your loving kindness, Father, because the DRC is a failed state with no centralized government and no working infrastructure.

Population: 67M **Capital:** Kimshasa **Peoples:** 250 plus ethno-linguistic groups **Literacy:** 90% **Off. Lang:** French **Economy:** Agriculture/diamond **HDI Rank:** 176^h/182 **Public Debt:** 138% **Income p/p:** \$185 **Religion:** Christian 92%

12.

Leader: When we know and keep Christ’s commands we become more effective in prayer. Who will read Christ’s first command from Matthew 5:12 and pray we keep it? (Portfolio of Scripture, Commands of Christ, page 4, #1)

- Volunteer reads Matthew 5:12 and prays we keep it.

¹² Rejoice and be exceedingly glad, for great is your reward in heaven, for so they persecuted the prophets who were before you.

NOTE: Prayer Principle: Jesus commands us to rejoice in persecution.

13.

Leader: We pause now for anyone to make a personal prayer for yourself, nation or world.

- Anyone say prayer on any subject

PART 5: SUMMARY

14. **Leader:** Now the “Note” reader reviews the 3 principles and command

SUMMARY PRAYER PRINCIPLES

NOTE: Prayer Principle: Praise is acknowledging God’s character and way. It is stating who He is and what He does.

NOTE: Prayer Principle: As you bring sins into the light, Satan and your flesh lose their grip. What a relief! (1John 1:6-7)

NOTE: Prayer Principle: Jesus commands us to rejoice in persecution (Matthew 5:2)

PART 6: BENEDICTION

15. **Leader:** Who will pray the benediction from Number 6:24-27?

- Volunteer reads/prays benediction from Number 6:24-27

“The LORD bless thee, and keep thee; The LORD make his face shine upon thee, and be gracious unto thee; The LORD lift up his countenance upon thee, and give thee peace” (And they shall put my name upon the children of Israel, and I will bless them.)

NOTE: All say “So be it” or I agree or Amen